



BEST PRACTICE

SANSKAR SATHE SHIKHSAN



Instilling Core Values in Students to Foster Their Contribution to the Development of the Nation

SANSKAR SATHE SHIKHSAN



OBJECTIVES OF THE PRACTICE

- To foster empathy, tolerance, and respect for socioeconomic and gender diversity among students.
- To provide students with a value-based education that emphasizes the importance of integrity in personal and professional life.
- To engage students in community service projects exposes them to real-world issues



CONTEXT

The evolving business paradigm necessitates a corresponding transformation in the field of edu

The primary concern lies in the inadequate emphasis placed on values and culture, which are critical for the maintenance of industrial performance and societal advancement. We must therefore determine what, according to the prevalent paradigm, impedes positive change. At this time, leadership, innovation, and excellence built upon a solid set of values are essential.

This cannot occur unless a student cultivates a disposition to engage in in-depth analysis of any subject, is permitted to pursue skills, and is in harmony with his latent abilities. This cannot occur until there is a shift in teaching pedagogy, a more realistic approach to assessment, and an improvement in the learning culture. For this reason, P P Savani University introduced project Sanskar Sathe Shikshan in 2019 which is the epicentre of skill development grounded in spiritual values, guaranteeing the formation of progressive and productive individuals. In an effort to provide Indian youth with a comprehensive education, we in association with Bochasanwasi Akshar Purushottam Swaminarayan Sanstha (BAPS) developed the Integrated Personality Development Course.

The university has taken a significant step towards promoting value-based education by establishing an Integrated Personality Development Cell.



THE PRACTICE

Project Sanskar Sathe <u>Sikshan</u> at PPSU

IPDC
Integrated
Personality
Development

Experiential
Learning
Pedagogy &
Assessment

Vedic
Dikshant
Ceremony
Convocation

Community
Engagement
Initiatives



IPDC CELL

The IPDC Cell offers a comprehensive Integrated Personality Development Course on value-based education, focusing on essential values such as empathy, integrity, and responsibility. Additionally, the cell organizes various activities, workshops, and expert talks to promote values and ethics among students. Furthermore, the cell also conducts Faculty Development Programs (FDP) to enhance their understanding and application of values in their teaching practices.



EXPERIENTIAL LEARNING PEDAGOGY AND ASSESSMENT

The Integrated Personality Development Course relies on highly qualified teachers to mentor students individually. Mentors improve students' self-awareness, confidence, and resilience as they face academic and personal problems by giving academic support, career counselling, and emotional support.

The Integrated Personality Development Course embraces an experiential learning pedagogy, encouraging students to actively engage in immersive learning experiences. By utilizing case studies, role-plays, group discussions, simulations, and real-world projects, students are given chances to put theoretical concepts into practice, which help develop critical thinking, problem-solving skills, and decision-making ability. Sample workbook activities show how the IPDC course transforms students, helping them comprehend and apply principles in personal and professional settings.

Through regular assessments, learners receive timely feedback, allowing for ongoing reflection and improvement. Our approach ensures that learning is not just a one-time event but an iterative process, fostering deeper understanding.



VEDIC DIKSHANT CEREMONY-CONVOCATION

Using the holy fire of Yajna, the university calls upon the divine spirit at the Vedic Convocation. They absorb the ageless qualities inspired by the Vedas. Their hopes for honesty, kindness, and knowledge grow in tandem with the offerings.



COMMUNITY ENGAGEMENT INITIATIVES

Students are developed into compassionate leaders through Unnat Bharat Abhiyan's Village Adoption, residential camps, health camps, blood donation camps and National Service Scheme (NSS) activities.

Through community involvement, they learn empathy and social responsibility. Residential camps foster resilience and teamwork through immersive experiences. Additionally, wellness camps promote care and concern as well as physical wellness.



EVIDENCE OF SUCCESS

IPDC Cell has been actively involved in outreach activities such as Faculty Development Programs (FDP) for school teachers and has been awarded excellent in 37th National Convention on Quality concepts by Quality Circle forum of India, held at Nagpur.

IPDC Cell has organized twelve Faculty Development Programs, trained more than four hundred school teachers, and promoted professional growth and excellence in education. PPSU is proud to be the pioneers of Integrated Personality Development Course, and the government of Gujarat has recommended this course to other universities as well. The IPDC course has been adopted by more than twelve universities in Gujarat, one university in Maharashtra. Additionally, the IPDC course has been added as a value-added course in NEP in the state framework Knowledge Consortium of Gujarat (KCG), Higher Education Gujarat.

It is a matter of pride that over two thousand students have been conferred degrees in the four Vedic convocation ceremonies held till date.

PPSU believes in community engagement, and the university's initiatives include community development programs, awareness programs, and social activities. The students and members of faculty actively participate in these initiatives, which have helped the institution in building strong relationships with the community.



INTRODUCTION

Universities play a pivotal role in inculcating core values in students, which eventually contributes significantly to the nation's development. By incorporating values such as integrity, empathy, and responsibility into curriculum, PPSU empowers students to become responsible and compassionate citizens. These values are essential for fostering a sense of community, promoting social cohesion, and driving economic growth.

When students are introduced to these values, they are more likely to become active participants in their communities, contributing to the nation's development through their skills, talents, and innovative ideas.

Moreover, PPSU also provides platforms for students to engage in community service, volunteer work, and social entrepreneurship. By doing so, we produce graduates who are not only equipped with technical skills but also with the moral compass to make a positive impact on society, ultimately contributing to the nation's development and prosperity. The university has taken a significant step towards promoting value-based education by establishing an IPDC (Integrated personality Development Cell).

The cell aims to foster a culture of values and character building among students, faculty, and staff.



IPDC CELL COMMITTEE AND ITS RESPONSIBILITIES

- Developing and implementing value-based education programs and curricula.
- Conducting workshops and training programs for the members of faculty and students.
- Evaluating and assessing the effectiveness of value-based education programs.
- Providing feedback and recommendations to the university administration.
- Collaborating with other departments and stakeholders to promote value-based education.



ORGANISATION STRUCTURE OF IPDC CELL

Sr No.	Committee designation	Name	Department
1	Convener	Mr Sumit Vader	Coordinator, IPDC
2	Faculty Member	Dr Ashish Mathur	Professor, SOP
3	Faculty Member	Dr Ashwini Patil	Associate Professor,
			SON
4	Faculty Member	Dr Aditee Pandya	Assistant Professor,
			sos
5	Faculty Member	Mr Mitul Raj	Assistant Professor,
			SOE
6	Faculty Member	Dr Aparna Vajpayee	Associate Professor,
			SLM
7	Student Representative	Ms Srushti Gohil	SLM (<u>B.Com</u>)
8	Student Representative	Ms Aarzu Pathan	SLM, (BBA)
9	Student Representative	Ms Ambica Gadroo	SoS (B.Sc.)
10	Student Representative	Ms Leisha Athate	SoA (B.Arc.)



The IPDC Cell has designed a comprehensive curriculum for two value-based courses, tailored to the needs of the student community. The courses, titled "Integrated Personality Development Course I" and " Integrated Personality Development Course II", delve into the importance of essential values such as empathy, integrity, and responsibility. These courses are part of the curricula in almost all schools of the university. Through a combination of lectures, case studies, role-plays, and group discussions, students are encouraged to reflect on their own values and behaviours, and develop a deeper understanding of the impact of their actions on themselves and others. The courses also include a workbook for practice, which provides a structured framework for students to reflect on their learning and apply the values in their daily lives.

By the end of the course, students have a deeper understanding of the importance of values in their personal and professional lives, and will be equipped with the skills and knowledge to make informed decisions that align with their values.

The IPDC course employs a unique and engaging lecture delivery pattern that combines traditional teaching methods with modern multimedia tools. The course begins with an introductory film that sets the stage for the module, providing an overview of the key concepts and themes. This is followed by video lectures that delve deeper into the topics, featuring expert instructors and real-life examples. To foster student interaction and engagement, the course includes regular student interaction sessions, where students can ask questions, share their thoughts, and learn from one another. Additionally, workbook activities are incorporated throughout the course, encouraging students to apply theoretical concepts to real-world scenarios and reflect on their learning. This blended approach enables students to develop a comprehensive understanding of public diplomacy and communication, while also promoting critical thinking, problem-solving, and collaboration skills.





Launching of IPDC Course in year 2019





Launching of IPDC Course in year 2019





Launching of IPDC Course in year 2019



P P Savani University

Integrated Personality Development Course.

Course Code: SEPD3040] [Theory] Course Name: IPDC-1

Teaching & Examination Scheme:

Teaching Scheme (Hours/Week)				Examination Scheme (Marks)						
Theory Practical		m	Condia	The	Theory Practical		ctical	Tutorial		Total
Theory	Practical	Tutorial	Credit	CE	ESE	CE	ESE	CE	ESE	Total
02	00	00	01	100	00	0.0	00			100

CE: Continuous Evaluation, ESE: End Semester Exam

Objective(s) of the Course:

- To provide students with a holistic education focused on increasing their intelligence quotient, physical quotient, emotional quotient and spiritual quotient
- To provide students with hard and soft skills, making them more marketable when entering the workforce
- · To educate students on their social responsibilities as citizens of India
- To provide students with a value-based education which will enable them to be successful in their family, professional, and social relationships.
- To teach self-analysis and self-improvement exercises to enhance the potential of the participants.

Course Content:

Lecture No.	Content	Hours
1.	Remaking Yourself Restructuring Yourself.	02
2.	Remaking Yourself Power of Habit.	02
3.	Remaking Yourself Developing Effective Habits.	02
4.	Learning from Legends Tendulkar and Ratan Tata	02
5.	From House To Home Affectionate Relationship	02
6.	Facing Failures	02





	- Factors Affecting Failures.	
7.	Facing Failures Failures are not Always Bad.	02
8.	Facing Failures Insignificance of Failures.	02
9.	Mass Management Project Management.	02
10.	Learning from Legends Yogiji Maharaj and Nelson Mandela.	02
11	From House To Home Forgive & Forget.	02
12	From House To Home -Listening & Understanding.	02
13	Financial Wisdom Basics of Financial Planning.	02
14	Soft Skills -Teamwork, Harmony & Adaptability.	02

Course

Evaluation:

Theory:

- Continuous Evaluation consists of 40 marks. There will be a mid-term exam which will
 assess the current progress of students, it assessed out of 20 marks and will be equivalent
 to 20 marks of the Continuous Course Evaluation (CCE). There will be a submission
 consisting 10 marks as per the guidelines of course coordinator and average of the
 attendance consisting 10 marks (minimum 60 percentage attendance is required).
- . End semester exam (ESE) part A 30 marks and part B 30 marks.

Outcomes -

- After completing the IPDC course (lecture and full participation in activities/challenges), we would like to see PPSU students:
 - a. To have gained a greater sense of social responsibility
 - b. To have gained marketable hard and soft skills that would directly apply to their future careers
 - c. To have gained greater insight and ability to navigate their family, social, and professional relationships along with difficult situations which may arise in their life
 - d. To have a broader sense of self-confidence and a defined identity
 - e. To have greater value for living a moral and ethical life based on principles taught in the course



P P Savani University

Integrated Personality Development Course.

Course Code: SEPD3050] [Theory] Course Name: IPDC-II

Course Title	Integrated Personality Development Course – 2		
Course No(s)	SEPD3050		
Credit Units	1		
Credit Model (L-T-P)	0-2-0		
Faculty	Mr. Sumit Vadher		

Teaching & Examination Scheme:

Teaching Scheme (Hours/Week)				Examination Scheme (Marks)						
Theory	Practical	m	C. Us	Theory Practical			Tutorial		Total	
		Tutorial	Credit	CE	ESE	CE	ESE	CE	ESE	Total
02	00	00	01	100	-	-	-	-	-	100

1. Syllabus

COURSE OBJECTIVES

No	Course Objectives
CO1	To provide students with a holistic education – focused on increasing their intelligence quotient, physical quotient, emotional quotient, and spiritual quotient
CO2	To provide students with hard and soft skills, making them more marketable when entering the workforce
CO3	To educate students on their social responsibilities as citizens of India
CO4	To provide students with a value-based education that will enable them to be successful in their family, professional, and social relationships.
CO5	To teach self-analysis and self-improvement exercises to enhance the potential of the participants.



			CONTENT STRUCTURE
1.			
	1.1	• Ren	naking Yourself
		1.1.1	Begin with the end in mind
		1.1.2	Better health better future
		1.1.3	Impact of company
		1.1.4	Being addiction - free
2.			
	2.1	• Lea	rning from Legends
		2.1.1	Leading without leading
3.			
	3.1	• Fro	m House To Home
	7-6	3.1.1	Forgive & Forget.
4.	4.1	l m	P. II
			Failures Timeless wisdom of daily life
-		4.1.1	Timeless wisdom of daily me
5.	5.1	Soft Sk	ille
	5.1	5.1.1	Case study : Disaster relief
		5.1.2	Financial planning
		5.1.3	Stress management
		5.1.4	Team work and harmony
6.			
	6.1		Ianagement
		6.1.2	Project Management.
7.			
	7.1		a my pride n ideal citizen - 1
			n ideal citizen - 2
6.	Words	of wisdom	
	110140		JUNIO CONTRACTOR OF THE PROPERTY OF THE PROPER
			Jan College
			12/20/2/2



IPDC COURSE





Classroom teaching, Video lecture and interactive sessions



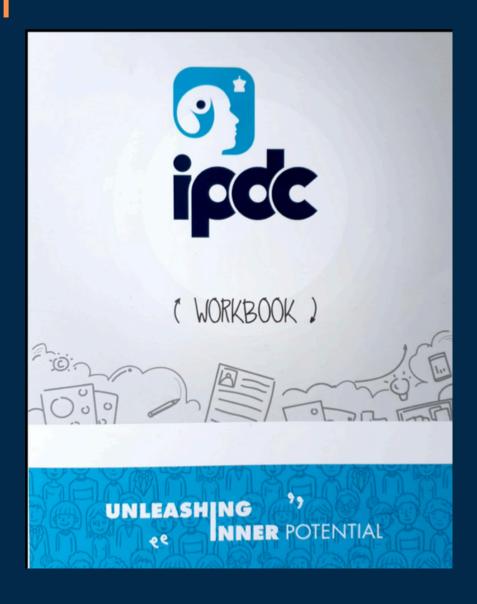
IPDC COURSE



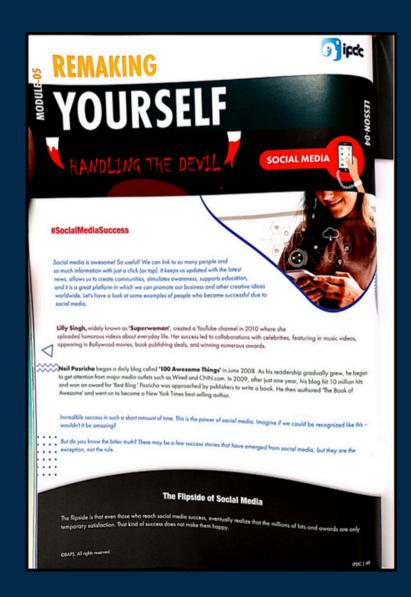


Classroom teaching, Video lecture and interactive sessions

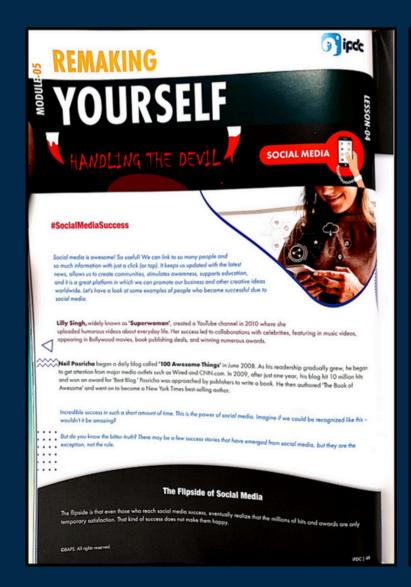












REMAKING YOURSELF I In fact, Neil Pasricha himself says in his book "The Happiness Equation" - "I got another book deal, then another, then another. And I had done in I had finally reached my goal. After working so hard for three years straight, lying in my liny apartment, getting 3 or 4 hours of sleep, eating takeout for every meal, and losing tooch with my friends. I suddenly had a realization. No matter how many external goals I have achieved all furt kept setting more. I started realizing that external goals are straight or the started realizing that external goals in the started realizing that external goals. didn't help me become a better person. Only internal gools did. When I was stressing about my blog and watching the hit counters, bestseller lists, and award nominations, I was using external motivators. I wasn't doing it for me. I was doing it for athers. I lost my self-confidence... Critical comments, a nasty review, and the inevitable slipping off the besteller list - moon! I. Social media success comes with its flipside, and what's more is that social media can detrimentally affects us - both physically and mentally. It can change your perception of the world and yourself, but not always for the better. 1. POOR MENTAL HEALTH Spending too long on social networking sites can adversely affect your mood. You are more likely to experience poor mental health and symptoms of anxiety and depression. Teens who spend 5 hours a day on their phones are twice as more likely to show depressive symptoms.

While social media has made making friends easier, it has also made it easier for predators to find their victims. Cyber bullying is currently a worldwide phenomenon. It doesn't just affect kids but adults as well. Sometimes this leaves a deep mental scar and, in some cases, drives people toward suicidal tendencies.



3. FOMO

The fear of missing out, or FOMO, is one of the most common negative effects of social media. The more you use social media, the more you feel that someone is having more fun than you right now and that you are missing out. It creates unhealthy competition, driving us to keep posting new things to show that we are living an exciting life, distracting us from things in our life which may be more important.



4. NEGATIVE BODY IMAGE

Seeing the pictures of those who are 'perfect' makes you conscious about how you look, therefore creating a negative impact in your mind.



5. UNHEALTHY SLEEP PATTERNS

50% of 18-24 year-olds check their phones in the middle of the night. This means that half of the people in your class probably have this bad habit. Are you one of them?



Numerous studies have shown that the increased use of social media decreases the quality of your sleep and creates irregularities in your sleeping pattern. This has an averall negative impact on your productivity and personality.





Most of the people call it multi-tasking but it is not. Using social media while doing important work interferes with our ability to concentrate. Research has shown that constant interruption has adverse effects on our attention-span, learning and performance.

7. CAN PUT YOUR CAREER AT RISK

Employers are less likely to hire candidates whose social networking profiles show evidence of suprofessional behavior. Misusing social media could mean you lose your job or never get hired in the first place.





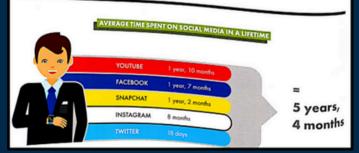
social media addiction

Researchers at Harvard University connected people to MRI machines to scon the brains and see how it reacts to social media usage. They found that eating tasy food and using social media, triggers the same feel-good chemical reaction in the brain. But the problem is that this system does not enable us to distinguish between useful hobits (exercise and sufficient sleep) and destructive habits (such as smaling and oversuse of social media). So, when this chemical reaction occurs, it reinforces habits to the point of addiction.

Tristen Harris, who worked as a design ethicist at Google, emphasizes this point – "Internet is not evolving at random. The reason it feets like it's sucking us in the way it is, is because of this race for attention."

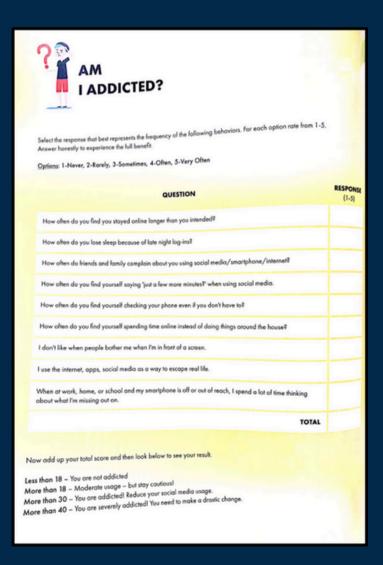
Social media has been designed to capture your attention and to keep you engaged on your device as long as possible. One of the ways social media developers have strategized to keep us hooked is by removing stopping cues. Stopping cues are like chapters in a book, it eventually comes to an end, giving you the option to stop, take a break, or do something else. You may automatically start playing a new episode only moments after you have finished the previous episode. Netflix and VouTube whenever we want, but wouldn't be easier to keep watching?

Facebook's former Vice President for User Growth, Chamath Palihapitya, rarely uses Facebook and is strongly against his children using it. "I feel tremendous guilt... I think we have created tools that are ripping apart the social fabric of how society works," he says.

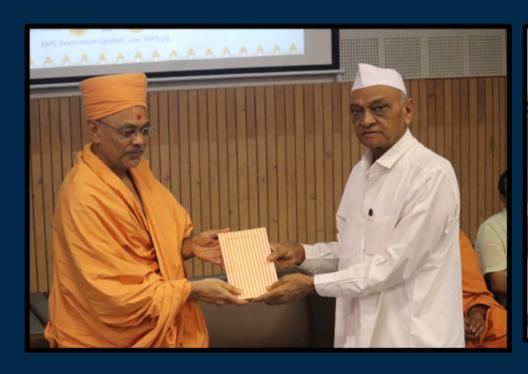














Appreciation received from BAPS for IPDC course and activities conduction









P P Savani University IPDC team with excellent Award from Quality Circle Forum of India



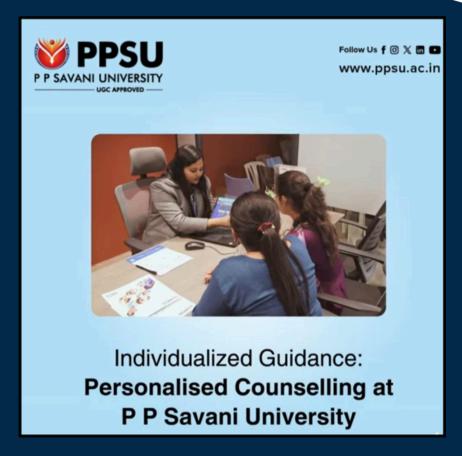




P P Savani University IPDC team with excellent Award from Quality Circle Forum of India



PERSONALIZED GUIDANCE



At P P Savani University, we understand the importance of academic and personal growth. That's why we have an expert team of counselors who provide personalized guidance and mentorship to our students. Our team of trained professionals offers one-on-one support, helping students navigate academic challenges, build confidence, and achieve their goals. With a focus on individualized attention, our counselors empower students to develop essential skills, overcome obstacles, and thrive in their academic and professional pursuits.



ACTIVITIES CONDUCTED BY IPDC CELL

IPDC Cell has emerged as a transformative journey for over two thousand students, catalysing profound personal and professional growth through its comprehensive array of activities. At the forefront of this transformative experience is the cultivation of ethical leadership, where students are imbued with guiding principles that uphold integrity and moral rectitude in the intricate landscape. Through compassionate action, IPDC activities fosters a culture of empathy and care within workplaces, nurturing environments where individuals thrive and contribute meaningfully. Central to this ethos is value-based decision making, empowering students to navigate complex scenarios with integrity and conviction. Moreover, IPDC recognizes the importance of inclusivity and diversity, offering training that celebrates differences and fosters a sense of belonging among all participants.

In the pursuit of building trust and integrity within teams, IPDC equips students with the skills to forge meaningful connections grounded in honesty and mutual respect. 'My India My Pride' initiative instils a sense of national identity and responsibility, encouraging students to contribute positively to their communities and country. Mindful leadership lies at the core of IPDC's philosophy, emphasizing the integration of values into management practices for sustainable and ethical outcomes. Transitioning from the concept of a house to a home signifies the development of family values, nurturing environments where love, respect, and support thrive.

Through these activities, we strive to create a positive and supportive environment that fosters personal and professional growth, while promoting a sense of belonging and pride to our institution. IPDC cell till date has organised 13 activities listed below:



LIST OF IPDC CELL ACTIVITIES

Sr. No.	Date of Event	Activity Title
1	06-08-2019	Ethical Leadership: Guiding Principles in
		Business
2	14-10-2019	Compassion in Action: Building a Caring
		Workplace
3	27-12-2019	Values-Based Decision Making
4	10-01-2020	Inclusivity and Diversity Training
5	25-09-2020	Building Trust and Integrity in Teams
6	19-01-2021	My India My Pride
7	16-03-2021	Mindful Leadership: Integrating Values into
		Management
8	05-09-2022	From House to Home – Developed Family
		Value
9	26-12-2022	Social Responsibility in Business and Beyond
10	09-01-2023	Cultivating Empathy in the Workplace
11	20-02-2023	Character Development for Professional
		Success
12	18-09-2023	Disaster Relief Work
13	10-10-2023	Selfless Service

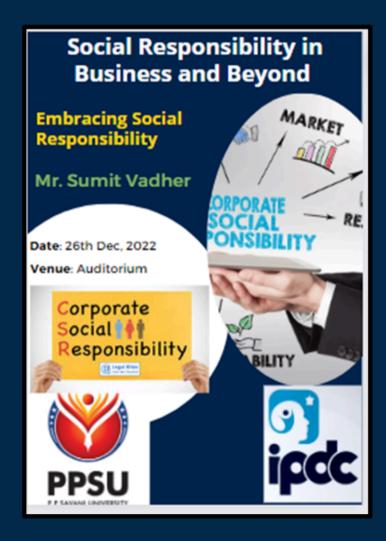


ACTIVITIES CONDUCTED BY IPDC CELL

Through these thirteen activities, Integrated Personality Development Course (IPDC) has significantly impacted the lives of over two thousand students, shaping them into ethical leaders, compassionate individuals, and responsible citizens. As they carry forward the lessons learned and the values instilled, they become agents of positive change in their communities and beyond, embodying the true essence of integrated personality development.



ACTIVITIES CONDUCTED BY IPDC CELL







CHARACTER DEVELOPMENT FOR PROFESSIONAL SUCCESS

EVENT DATE - 20 TH FEBRUARY 2023

EVENT COORDINATOR - SUMIT VADHER,

ASSISTANT PROFESSOR, IPDC CELL.

EVENT VENUE - UNIVERSITY AUDITORIUM

TIME - 10:00 AM TO 12:30 PM









Character Development for Professional Success





Cultivating Empathy in the Workplace







FACULTY DEVELOPMENT PROGRAMS BY IPDC CELL

IPDC Cell has successfully conducted a series of Faculty Development Programs (FDP) for school teachers, focusing on essential skills and knowledge to enhance their teaching practices. Recognizing the importance of teachers in shaping young minds, the IPDC Cell has designed FDPs to enhance the understanding and application of values in teaching practices.

The FDPs covered ethical considerations in Teaching, which explored the importance of integrity, honesty, and accountability in the classroom; stress management and teacher well-being providing teachers with strategies to manage their own stress and promote their overall well-being; professional development and self-reflection, encouraging teachers to reflect on their own teaching practices and set goals for professional growth. Additionally, the FDPs covered effective classroom management techniques, providing teachers with practical strategies to create a positive and productive learning environment.

Through these FDPs, the IPDC Cell aims to empower school teachers to become more effective educators and role models in their classrooms, ultimately promoting a culture of character development and values-based education. Twelve FDPs have been conducted by IPDC cell for over four hundred teachers of seven different schools and one university which has been listed below:

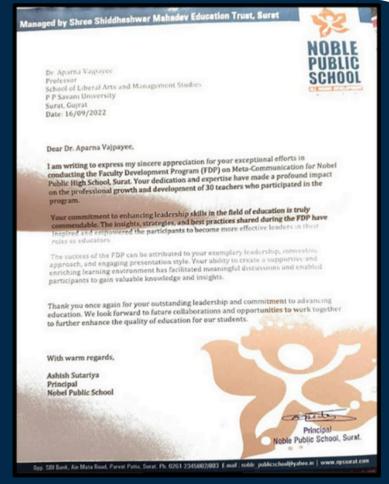


LIST OF FDPS CONDUCTED BY IPDC CELL

Sr. No	FDP title	Date	School Name	No. of Teacher Participants	Event Co- ordinator	Venue
1	Current Trends and Issues in Education	11-07-2023	Nalanda Vidhyalaya -1	26	Mr. Sumit Vadher	Auditorium Nalanda Vidhyalaya -1
2	Mindfulness practices & Transient Happiness	18-06-2023	Noble Public School	60	Prof. Aparna Vajpayee	Seminar room, Noble Public School
3	Mindfulness as a profound way to attain tranquillity of mind and transcendent happiness	03-06-2023	Deep Darshan Vidhya Sankul	65	Prof. Aparna Vajpayee	Auditorium, P P Savani University
4	Stress Management and Teacher Well-being	10-01-2023	Nalanda Vidhyalaya -2	32	Dr Mona Patel	Auditorium Nalanda Vidhyalaya -1
5	Understanding Role of Meta-communication for Understanding Human Management	07-11-2022	Gurukrupa Vidhalaya	50	Prof. Aparna Vajpayee	Gurukrupa Vidhalaya, Surat
6	Managing Emotions in Life	22-07-2022	Amity University, Kolkata	40	Prof Aparna Vajpayee	Online Faculty Development Program for the teachers of Amity University, Kolkata
7	Professional Development and Self- Reflection	12-07-2022	St. Joseph High School	24	Mr. Sumit Vadher	Auditorium St. Joseph High School
8	Ethical Considerations in Teaching	11-02-2022	Prerana Vidhyalay	22	Mr. Sumit Vadher	Auditorium Prerana Vidhyalay
9	Metacommunication	16-09-2022	Noble Public School	30	Prof. Aparna Vajpayee	Seminar room, Noble Public School
10	Effective Classroom Management Techniques	08-12-2021	Prerana Vidhyalay	24	Mr. Sumit Vadher	Auditorium Prerana Vidhyalay
11	Project-Based Learning (PBL)	19-12-2019	Nalanda Vidhyalaya -2	32	Dr Mona Patel	Auditorium Nalanda Vidhyalaya -2
12	Global Citizenship Education	22-07-2019	Nalanda Vidhyalaya -2	23	Dr Anish Kumar Sharma	Auditorium Nalanda Vidhyalaya -2
	Total Participants					

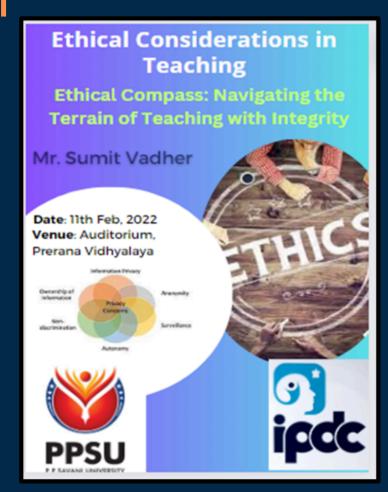






FDP conduction & appreciation letter from Noble Public School on title "Metacommunication" by Prof. Aparna Vajpayee on 16/09/2022







Creatives of FDPs





Appreciation letter received from St Joseph High School Principal for FDP on Professional Development and Self-Reflection date 12-07-2022





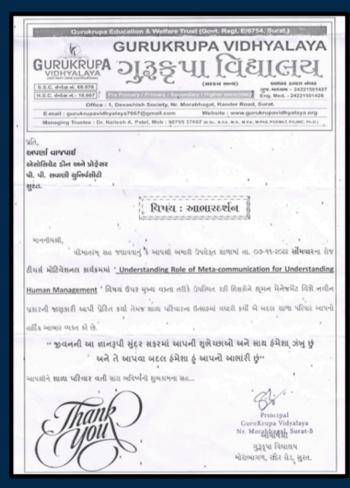
Appreciation letter received from St Joseph High School Principal for FDP on Professional Development and Self-Reflection date 12-07-2022





Stress Management and Teacher Well-being on 10/01/2023





शक्षा



દિવસીય શૈક્ષણિક તાલીમ યોજાઇ

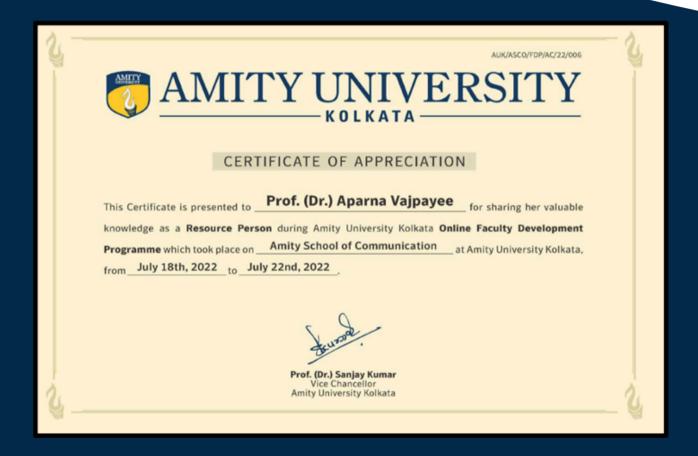
ધબકાર પ્રતિનિધિ, સુરત, તા. ૮ વિષય ઉપર તેમજ પ્રિ. સુનિલ विधावयद्वारा शैक्षशिक्ष वर्ष २०२२- Techniques of Modern ર૩ના બીજુ સત્રાંત પૂર્વે શિલકો માટે Era વિષય ઉપર અલગ અલગ શૈક્ષણિક સજ્જતા અર્થે બે દિવસીય ઉદાહરણો દ્વારા PPTની મદદથી શૈક્ષણિકતાલીમનું આયોજન કરવામાં સુંદર પ્રસ્તુતિ કરી શિક્ષકોને અવ્યુહતું, આ ટ્રેનિંગ કાર્યક્રમમાં તાલીમબધ્ય કરાયા હતા. તેમણે મુખ્ય વક્તા તરીકે શિક્ષણ વિદ્યા. શિક્ષકો પાસે અલગ અલગ અપર્શા વાજપેયી અને પ્રિ. એક્ટીવીટીઓ કરાવીને માનવ સુનિલકુમાર જાપવેટ્રેનિંગ આપી હતી. સંબંધ કેવી રીતે જાળવવો અને કાર્યક્રમની શરૂઆતમાં શાળાના ટકાવવો તેમજ આધુનિક મેનેજિંગ ટ્રસ્ટી હો નેલેપ હારા સ્વાગત ટેકનોલોજી હારા વિદ્યાર્થીઓને કેવી પ્રવચન અને મુખ્ય વક્તાઓનું રીતે સમજવા અને ભણાવવા તેની સમ્માન કરવામાં આવ્યું હતું. સમજ આપી હતી. દરેક શિક્ષક

પ્રો. અપર્શાવાજપેયી દ્વારા મિત્રોએ ખૂબ જ ઉત્સાહ પૂર્વક આ Understanding Role of બંન્ને તાલીમાં માણી હતી. અંતે Meta-communication શાળાના આચાર્ય શર્મશ જરીવાળાએ for Understanding આભારવિધિ કરી ટ્રેનિંગનું મહત્વ Human Management સમજાવ્યું હતું.

મોરા ભાગળ સ્થિત ગુરકુયા જાધવ હારા Teaching

Appreciation Letter and Newspaper Coverage for Conduction of FDP at Gurukrupa Vidhalaya, Surat by Dr Aparna Vajpayee on 07/11/2022





Online Faculty Development Program for the Teachers of Amity University on 22-07-2022



ADOPTION OF IPDC COURSES BY OTHER UNIVERSITIES & AS VALUE ADDED COURSE IN NEW EDUCATION POLICY, GUJARAT GOVERNMENT

P P Savani University is proud to be the pioneers of the IPDC, having developed the curriculum and laid the foundation for this innovative course. The government of Gujarat has taken notice of our pioneering efforts and has recommended the IPDC to other universities, acknowledging its excellence and relevance. As a result, the IPDC has been adopted by more than twelve universities in Gujarat and one university of Maharashtra.

The Integrated Personality Development Course (IPDC) has been recognized as a Value-Added Course (VAC) by the Gujarat Government's Higher Education Department, as per the guidelines laid down in the National Education Policy (NEP). This recognition is a testament to the course's alignment with the NEP's emphasis on promoting holistic development, critical thinking, and character building. The IPDC, with its unique focus on values-based education, has been designed to equip students with the skills and knowledge required to navigate the complexities of personal and professional life.

The Gujarat Government's decision to add IPDC to the list of VACs mentioned in the Government Resolution (GR) is a significant recognition of the course's value in enhancing the overall learning experience of students. This recognition is expected to increase the course's appeal and accessibility, enabling more students to benefit from this innovative and impactful program. This widespread adoption and recognition is a evidence to the university's commitment to innovation and excellence in education.



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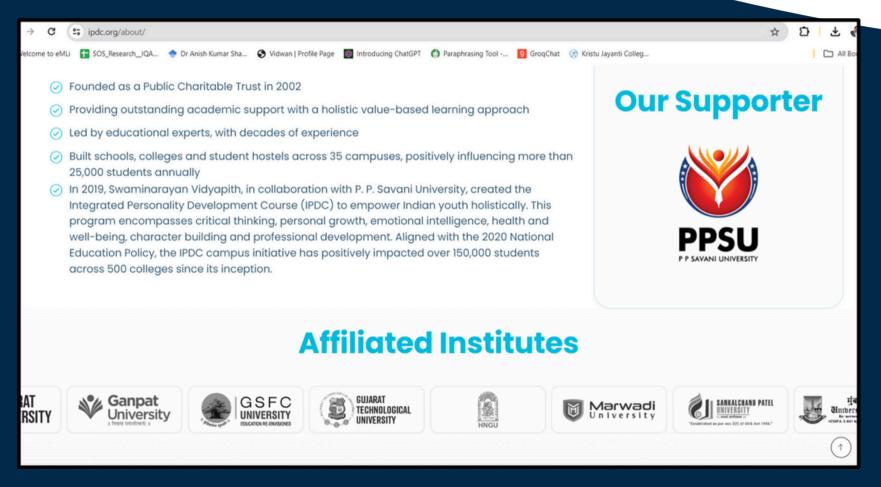


Sr	University Name	Location
No.		
1	P P Savani University	NH 8, GETCO, Near Biltech, Dhamdod,
		Kosamba, 394125
2	Hemchandracharya North Gujarat	Patan, Matarvadi Part, Gujarat 384265
	University	
3	Marwadi University	Rajkot, Gujarat 360003
4	Veer Narmad South Gujarat	Udhana - Magdalla Rd, Surat, Gujarat 395007
	University	
5	Sardar Patel University	Mota Bazaar, Vallabh Vidyanagar, Anand,
		Gujarat 388120

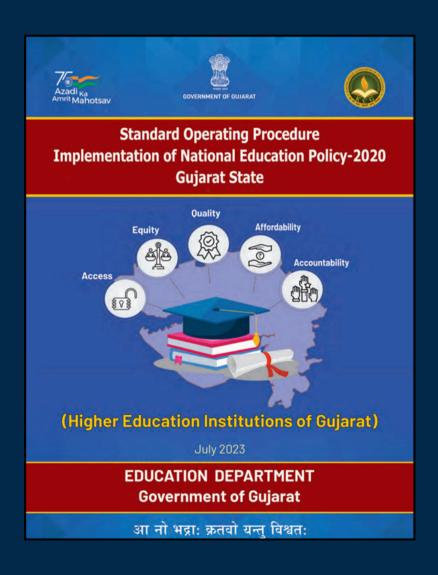


6	Charotar University of Science and	139, CHARUSAT Campus, Highway, Off,
	Technology (CHARUSAT)	Nadiad - Petlad Rd, Changa, Gujarat 388421
7	Gujarat University	Navarangpura Ahmedabad-380009, Gujarat,
		INDIA.
8	Ganpat University	Ganpat Vidyanagar Mehsana-Gozaria,
		Highway, Kherva, Gujarat 384012
9	GSFC University	P. O, Fertilizer Nagar, Vigyan Bhavan,
		Vadodara, Gujarat 391750
10	Gujarat Technological University	Nr. Vishwakarma Government Engineering
		College <u>Nr Visat</u> Three Roads, Visat-
		Gandhinagar Highway
		Chandkheda, Ahmedabad- 382424 - Gujarat
11	Sankalchand Patel University	Sankalchand Patel Vidyadham Ambaji-
	(SPU)	Gandhinagar, State Highwaym, Visnagar,
		Gujarat 384315
12	Shri Govind Guru University	Godhra, Vinzol, Kankanpur, Gujarat 388713
	Godhra	
13	University of Mumbai	Mahatma Gandhi Road, Mantralaya, Fort,
		Mumbai, Maharashtra 400032











Implementation of National Education Policy-2020 for the State of Gujarat .

3.3.6 Value Added Course (VAC) (08 Credits)

This course is designed to empower students with knowledge and skills, enabling them to apply what they have learnt to their professional and everyday lives. The course covers a wide range of subjects, including the Indian Knowledge System, environmental science/education, digital and technical solutions, health & wellness, voga education, sports, and fitness. Higher Education Institutions (HEIs) have the flexibility to introduce courses that are relevant to specific disciplines or applicable to all undergraduate programmes.

Table 8: List of VAC Courses

- 1. Adult Education
- 2. Agri Business in Indian Rural Economy
- 3. Ayurveda and Nutrition
- 4. Casteism
- 5. Climate Change
- Constitutional Values and Fundamental Duties
- 7. Cultural History of Indian Middle Era
- 8. Culture and Communication
- 9. Data Analysis
- 10. Deep Learning
- 11. Digital Empowerment
- 12. Drone Technology
- 13. Education & Social services
- 14. Effective Communication
- 15. Elements of Banking
- 16. Elements of Insurance 17. Emotional Intelligence
- 18. Environmental Studies
- 19. Environmental Studies 20 Ethics and Culture
- 21. Ethics and Values in Ancient Indian Traditions
- 22. Family Planning
- 23. Fit India
- 24. Gender Education
- 25. Gandhi and Education

- 1. 3D Machining
- 2. Application Design
- 3. Applied Arts
- 4. Conversation of Biological diversity
- 5. Critical and Logical Thinking Development
- 6. Cultural Event Management
- 7. Effective Waste Management
- 8. Emotional Intelligence
- 9. Fine Arts
- 10. Forest and Wildlife conversation
- 11. Indian Bhakti Tradition Culture and Human Values
- 12. Indian constitution
- 13. Interpersonal Skills
- 14. Literature Culture and Cinema
- 15. Machine Learning
- 16. Management of Biological resources
- 17. Social Skills
- 18. Spiritual Well being
- 19. Sports for life
- 20. Visual and Performing Arts
- 21. श्रीमद् भागवदगीतायां मानवमृल्यांनि
- 22. संस्कृतशास्त्रे मानवमृल्यानि
- 23. नीतिशास्त्र एवं संस्कृतशास्त्रे मानवमृल्यानि

Implementation of National Education Policy-2020 for the State of Gujarat _

- 26. Health & Hygiene
- 27. History of Indian Culture
- 28. Human Values and Ethics
- 29. Indian Heritage and Culture
- 30. Integrated Personality Development Course (IPDC)- I & II
- 31. Milk Products & Processing
- 32. National Cadet Corps (NCC)
- 33. National Service Scheme (NSS)
- 34. Panchkosha: Holistic Development of Personality
- 35. Problems of Indian Economy
- 36. Protection and Value Addition in Fruits and Vegetables
- 37. Renewable Energy
- 38. Renewable Energy in Agriculture
- 39. Sports and Fitness
- 40. Sports for Life
- 41. Sustainable Development and Living
- 42. Swachh Bharat
- 43. The Art of Being Happy
- 44. Vedic Mathematics
- 45. Water Harvesting
- 46. Western Ethics
- 47. Women and Child Safety (Rape, Honour Killing, Child Abuse, Dowry Death, Acid Attack, Female Foeticide, Trafficking, Begging, Child Marriage)
- 48. Yoga

- 24. भारतीय परंपरायां निहितविज्ञानम
- 25. महाभारतस्य-अनुशासनपर्वे-प्रशासननीतिः
- 26. मनस्मृति एवं याज्ञवल्क्यस्मृत्यां निहितजीवनव्यवहार:
- 27. नीतिकथायां व्यवहारबोधः
- 28. उपनिषदे आध्यात्मविद्या
- 29. संस्कृतसाहित्ये लौकिकन्यायाः
- 30. संस्कृत कथासाहित्ये व्यवहारबोध:
- 31. संस्कृत साहित्यस्य ध्येयवाक्यानि
- 32. पुराणसाहित्ये नीतिबोध:
- 33. संस्कृत साहित्ये नेतृत्वगुणाः
- 34. श्रीमद भागवद गीता एं मनोविज्ञानम
- 35. योगशास्त्रम एवं मानवजीवनम
- 36. प्राकल्पकथायां निहित मानवमुल्यानि
- 37. संस्कृत वाइगमयस्य मिथकानि एवं वर्तमान-विजानस्य सम्बन्धः
- 38. रामायणे निहित मानवमुल्यानि
- 39. बुद्धोपदिष्ट मैत्री, मुदिता, करुणा उपेक्षा च
- 40. प्राचीन-भारते विकसितं कोशविज्ञानम (Lexicography)
- 41. पुराणेषु भगवदुगीतायां च वर्णितो अवतारवादः
- 42. महाभारते निहित मानवम्ल्यानि



Implementation of National Education Policy-2020 for the State of Gujarat ...

An illustrative course design of "Integrated Personality Development Course (IPDC)" under VAC:

The purpose of this course to impart value education and holistic development to the degree pursuing students. This course supports the requirements of the New Education Policy (NEP)-2020. IPDC integrates easily into Value Added Course (VAC) and effectively teaches essential values. Detail of this course is available on https://ipdc.org/campus/.

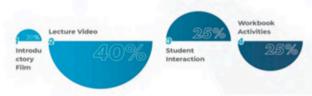
To get further information and materials of this course, institutions can contact on email ID office.ipdc@in.baps.org.

Course-Content/IPDC syllabus:

This course can be delivered in two semesters, IPDC-1 and IPDC-2.

Course	Topics	Hours	Credit
IPDC-1	15	30	02
IPDC-2	15	30	02

Pattern of Lecture-Delivery:



Each lecture has four components as shown below:

1. Introductory Film

Each lecture begins with a short film that introduces the topic through modern production. The original content displays relatable scenarios and visuals that captivate the students' attention and stimulates their curiosity to learn more.

2. Lecture Video

Students watch a lecture video presented by a dynamic speaker. The lecture reinforces the significance and necessity of fundamental principles and skills. The experience of the speaker, eloquence of presentation, and use of interactive visuals collectively create a profound impact on each student's mind and heart.

3. Student Interaction

Student interaction sessions promote stimulating discussion and conversation and help create safe spaces for the healthy exchange of ideas. Thus, each session provides a forum in which students can openly express their emotions and thoughts.

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4. Workbook Activities

Workbooks assist students to begin implementing the values taught in the lecture into their personal lives. Reliable research, priceless experience, practical scenarios, and reflective questions are innovatively depicted, motivating students to contemplate and think creatively.

IPDC Summary Video	https://www.youtube.com/watch?v=UaoUfpWLIrU&t=142s
Workbook Activities	https://www.youtube.com/watch?v= C09aqOszvY
Impact of IPDC	https://www.youtube.com/watch?v=KsTQtFjDj0Y&ab_channel=IPDC

Course Module:

Lecture No.	Module & Subject	Subject Description	Hours		
	IPDC-1 (First Phase/Semester)				
Intro- duction	The Need for Values	Students will learn about the need for values as part of their holistic development to become successful in their many roles - as ambitious students, reliable employees, caring family members, and considerate citizens.	2		
1	Module: Remaking Yourself Subject: Restructuring Yourself	Students learn how self-improvement enables them to secure a bright future for themselves. They will learn 6 powerful thought-processes that can develop their intellectual, physical, emotional, and spiritual quotients.	2		
2	Module: Remaking Yourself Subject: Power of Habit	Students will undergo a study of how habits work, the habits of successful professionals, and the practical techniques that can be used to develop good habits in their life.	2		
3	Module: Learning from Legends Subject: Tendulkar & Tata	Students will learn from the inspirational lives of India's two legends, Sachin Tendulkar and Ratan Tata. They will implement these lessons through relatable case studies.	2		
4	Module: From House to Home Subject: Listening & Understanding	Active listening is an essential part of academic progress and communications. Students will learn to listen with their eyes, ears, mind, and heart.	2		
5	Module: Facing Failures Subject: Welcoming Challenges	This lecture enables students to revisit the way in which they approach challenges. Through the study of successful figures such as Disney, Lincoln and Bachchan, students will learn to face difficulties through a positive perspective.	2		

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	Implementation of N	ational Education Policy-2020 for the State of Gujarat	
6	Module: Facing Failures Subject : Significance of Failures	Failure is a student's daily source of fear, negativity, and depression. Students will be given the constructive skills to understand failure as formative learning experiences.	2
7	Module: My India My Pride Subject : Glorious Past - Part 1	India's ancient Rishis, scholars, and intellectuals have made tremendous contributions to the world, they developed an advanced, sophisticated culture and civilization which began thousands of years ago. Students will learn the importance of studying India's glorious past so that they could develop a strong passion and pride for our nation.	2
8	Module: My India My Pride Subject: Glorious Past - Part 2	Our ancient concepts can be used to seek revolutionary ideas and to generate inspiration. Students will develop a deeper interest in India's Glorious Past - by appreciating the need to read about it, research it, write about it, and share it.	2
9	Module: Learning from Legends Subject: A.P.J. Abdul Kalam	Dr Kalam's inspirational life displayed legendary qualities which apply to students (1) Dare to Dream (2) Work Hard (3) Get Good Guidance (4) Humility (5) Use Your Talents for the Benefit of Others	2
10	Module: Soft Skills Subject : Networking & Leadership	Students are taught the means of building a professional network and developing a leadership attitude.	2
11	Module: Soft Skills Subject : Project Management	Students will learn the secrets of project management through the Akshardham case study. They will then practice these skills through an activity relevant to student life.	2
12	Module: Remaking Yourself Subject: Handling Social Media	Students will learn how social media can become addictive and they will imbibe simple methods to take back control.	2
13	Module: Facing Failures Subject : Power of Faith	Students will learn about the power and necessity of faith in our daily lives.	2
14	Module: From House to Home Subject : Bonding the Family	Students will understand the importance of strong family relationships. They will learn how to overcome the generation gap and connect with their family more.	2

Implementation of National Education Policy-2020 for the State of Gujarat				
15	Module: Selfless Service Subject : Seva	Students will learn that performing seva is beneficial to one's health, wellbeing, and happiness. It also benefits and inspires others.	2	
	IPI	DC-2 (Second Phase/Semester)		
1	Module: Remaking Yourself Subject: Begin with the End in Mind	Students will learn to visualize their future goals and will structure their lives through smart goals to give themselves direction and ultimately take them to where they want to go.	2	
2	Module: Remaking Yourself Subject : Being Addiction-Free	Students will explore the detrimental effects of addictions on one's health, personal life, and family life. They will learn how to take control of their life by becoming addiction free.	2	
3	Module: Selfless Service Subject : Case Study: Disaster Relief	Students will apply previous lessons of seva, to analyse the case study of the Bhuj earthquake relief work.	2	
4	Module: Soft Skills Subject : Teamwork & Harmony	Students will learn the six steps of teamwork and harmony that are essential for students' professional and daily life.	2	
5	Module: My India My Pride Subject : Present Scenario	To implement the transformation of India from a developing country into a developed country it is necessary to have a value-based citizen. Students will see how the transformation to a greater India relies on the vision and efforts of themselves as a youth.	2	
6	Module: Learning from Legends Subject : Leading Without Leading	Students will explore a new approach to leadership, through humility.	2	
7	Module: My India My Pride Subject : An Ideal Citizen - 1	Students will learn that to become value-based citizens, they must first develop good values in their lives. They start by exploring the values of responsibility and integrity.	2	
8	Module: My India My Pride Subject : An Ideal Citizen - 2	Students will learn that by developing the values of loyalty, sincerity, and punctuality; they become indispensable and can leave a strong impression. They will start developing these values by trying to keep perfection in every small task and by looking at the bigger picture.	2	

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There is a deep historical background to Vedic convocation rites in Indian tradition that goes back thousands of years. Ceremonies like these have their roots in the ancient Vedic texts, where they were instituted to celebrate students' intellectual and spiritual successes after they had completed extensive studies in Vedic knowledge. Knowledge, and especially Vedic knowledge, was revered and seen as fundamental to the well-being of individuals and communities in ancient India. The climax of this quest was marked by the Vedic Convocation rituals, which were a significant milestone in the lives of the scholars and students. The core of Vedic Convocation ceremonies has remained constant through the ages, adjusting to new circumstances while maintaining its academic and spiritual importance.

These rituals still have a place in contemporary society as a means of commemorating spiritual development, scholastic success, and the passing on of knowledge from one generation to another. The wisdom and applicability of Vedic teachings have stood the test of time, and this is shown in how these traditions have developed and are being practiced today.

Particularly meaningful to P P Savani University (PPSU) is its Vedic Convocation, which represents the institution's dedication to comprehensive education and the maintenance of traditional knowledge. More than 1800 students have received degrees from PPSU during the last four years of Vedic Convocation ceremonies. The university's commitment to spiritual growth, academic achievement, and the advancement of value-based education is demonstrated through these ceremonies. PPSU aims at teaching students a deep respect for Vedic values like honesty, kindness, and service to others through the Vedic Convocation. By recognizing students' academic success in a way that is in line with Vedic practice, the university hopes to encourage them to abide by these values in their personal and professional lives, becoming moral leaders and good members of society. The ceremony also gives people a chance to share old culture and knowledge, making sure that the rich heritage of Vedic wisdom continues to teach and benefit new generations.



LIST OF FOUR VEDIC CONVOCATION CEREMONIES ORGANIZED BY P P SAVANI UNIVERSITY

Sr.	Vedic Convocation	Chief Guest details
No.	Date	
1	24-12-2020	Dr. Jacqueline Fletcher (Regents Professor, Emerita
		Oklahoma State University), USA
2	09-01-2022	Padm Shri Anil K. Gupta
3	24-01-2023	Shri. Acharya Devvrat (Honourable Governor of Gujrat)
4	12-01-2024	Shri. Chandubhai Virani (Founder and MD Balaji Wafers)

The Vedic Convocation Ceremonies received a special tribute from the esteemed guests, including Dr. Acharya Devvrat, the Governor of Gujarat who expressed his deepest appreciation for the unique and innovative approach to conducting the convocation ceremonies. They praised the institution for its bold and courageous decision to depart from modern convocation norms and instead, adopt the ancient Vedic method, which added a sense of spirituality and cultural richness to the occasion. The Governor of Gujarat, Dr. Acharya Devvrat, in his address, commended the university for its commitment to preserving and promoting India's rich cultural heritage, and for providing a platform for students to connect with their roots and values. The honourable guests also acknowledged the institution's efforts in creating a memorable and meaningful experience for the graduating students, their families, and the faculty, and expressed their gratitude for the opportunity to be a part of this historic and sacred occasion





Vedic convocation creatives







Press coverage of Vedic convocation at PPSU





Celebrating Tradition: Students receive blessings at the Vedic Convocation-24-12-2020





Celebrating Tradition: Students receive blessings at the Vedic Convocation-24-12-2020





Embracing Wisdom: Participants immerse themselves in the teachings of the Vedas-24-12-2020





Honouring Knowledge: Students adorned in traditional attire at the Vedic Convocation-24-12-2020





Paying homage to ancient wisdom: A sacred ritual unfolds at the Vedic Convocation-09-01-2022





Passing the torch: Elders impart Vedic teachings to the next generation-09-01-2022





Unity in Diversity: Participants from diverse backgrounds come together for the Vedic Convocation-09-01-2022





Echoes of Tradition: Capturing the essence of Vedic wisdom in a single frame-24-01-2023





Sacred Gatherings: Moments of reverence and reflection at the Vedic Convocation-24-01-2023





Journey to Enlightenment: Exploring the depths of Vedic philosophy amidst serene surrounding-24-01-2023





Soulful Connections: Participants engage in heartfelt discussions on ancient teachings-24-01-2023





A Tapestry of Faith: Vibrant colours and intricate rituals adorn the canvas of the Vedic Convocation-12-01-2024





Harmony in Ritual: Each gesture and chant resonate with the spirit of unity and devotion-12-01-2024





Wisdom Unveiled: Delving into the profound truths hidden within the verses of the Vedas-12-01-2024





Divine Discourse: Scholars and seekers come together to explore the timeless wisdom of the Vedas-12-01-2024



COMMUNITY SERVICE

PPSU prioritizes community engagement through various initiatives that foster strong relationships with the local community. Our students and members of faculty actively participate in these initiatives, which have been instrumental in building a sense of community and social responsibility. Some examples of the community engagement initiatives include organizing blood donation camps, health camps, awareness drives, and flood relief efforts. These activities not only benefit the community but also provide students with valuable opportunities for personal growth and development.





COMMUNITY SERVICE



Blood donation camp organized by P P Savani hospital